



# ORAL SURGERY SEDATION INSTRUCTIONS

**DO NOT EAT OR DRINK ANYTHING FOR AT LEAST 8 HOURS PRIOR TO YOUR SCHEDULED SURGERY.**

Take your routine daily medications with only a **SIP** of water. If you are diabetic or taking blood thinning medication, we will advise you on when to take your medications following a discussion with your prescribing physician.

Please have a responsible adult (18 years of age or older) accompany you to your appointment.

Your driver must drop you off and **DRIVE YOU HOME**. Rideshare services (**Uber, Lyft**) are not permitted. **NO RECORDING ALLOWED IN THE OFFICE.**

Do not wear jewelry or watches. Leave purses, wallets, keys, phones, etc. with your escort.

Our office is usually cold; if you get cold easily, wear long pants, shoes and socks. However, we do need you to wear a short sleeve T- Shirt so that we can have direct access to both arms for monitoring during surgery.

\*\*\* **REMOVE ALL** fingernail polish/ fake nails prior to your arrival to allow for accurate monitoring\*\*\*

Please sign and date below that you have received this and are aware of your PRE-OP INSTRUCTIONS.

Patient Name: \_\_\_\_\_

Guardian: \_\_\_\_\_

Date: \_\_\_\_\_